

2015

MID CAPE COD VACATION PLANNER



WeNeedaVacation.com

Cape Cod • Martha's Vineyard • Nantucket



Cape Cod Vacation Planner

Contents

Vacation Planner Listings

Dining	2
Activities	7
Shopping.	14
Art & Museums	16
Fitness & Beauty	17
Services.	18
Transportation.	19

Articles

The Lure of Cape Cod.	20
Biking.	24
Kayaking	26
Golfing	28
Lobsters & Steamers	30

About Cape Cod

It's difficult to define what it is about Cape Cod that has continued to draw so many of us back to experience it again and again each summer. Perhaps it's the irresistible combination of its unique natural beauty - miles of beautiful, white-sand beaches and dunes and lush, fascinating marshes teeming with wildlife - its charming history dating back to the 17th century, and its abundance of family-oriented activities. If lying on a gorgeous beach or reading a book on a porch overlooking wetlands isn't enough for you, we suggest you take advantage of some of these wonderful, quintessentially-Cape experiences you will find within the Cape Cod Vacation Planner.

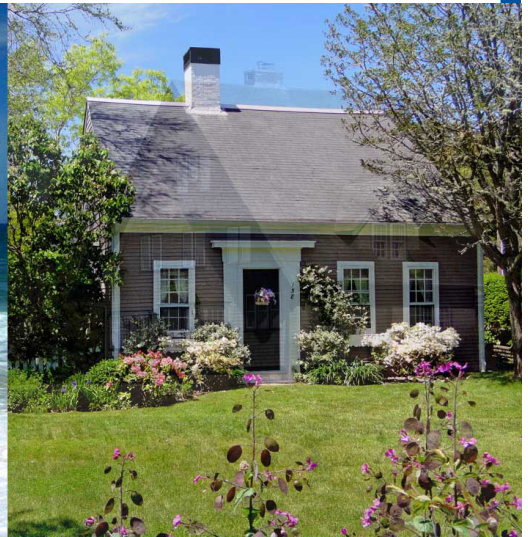
Contact Us

Wellesley Office: (888) 281-8660

Brewster Office: (774) 323-3911

Website: WeNeedaVacation.com

Email: info@WeNeedaVacation.com



WeNeedaVacation.com
Cape Cod • Martha's Vineyard • Nantucket



Dining



Cape Cod Chocolatier

Candy making is our passion! Cape Cod Chocolatier is a must visit for lovers of fine chocolates and premium quality homemade candy. Every day, delicious old fashioned chocolates are made in Cape Cod Chocolatier's sparkling clean candy kitchens.

Categories: Ice Cream & Candy

1600 Falmouth Rd, Centerville ~ (508) 790-4674 ~ www.capecodchocolatier.com



Cape Abilities Farm

Cape Abilities Farm provides paid employment for over 80 people with disabilities who work in every aspect of farm management. They operate a farm with greenhouses and a farm stand on Route 6A in Dennis that has attracted a loyal following of people who crave high-quality, locally-grown produce. In addition to their award winning tomatoes, they sell fresh produce, beautiful annuals, perennials, herbs and vegetables. The Farm is open daily from May to December from 10 a.m.-5 p.m. Stop by or visit their website. www.CapeAbilities.org

Categories: Produce Market

458 Main St., Dennis ~ (508) 385-2538 ~ www.capeabilities.org



The British Beer Company

\$\$

Across the pond, the pub or "local" is the center of town life. An eclectic menu, unparalleled beer and cocktail choices, and an array of music nightly, make the British Beer Company the local destination for English pub-style fun, relaxation and refreshment.

Categories: Casual Dining

412 Main Street, Hyannis ~ (508) 771-1776 ~ www.britishbeer.com



Baxter's Boathouse

\$\$

Cape Cod restaurants, waterfront dining and entertainment don't get any better than Baxter's Fish & Chips, conveniently located in Hyannis at the Foot of Pleasant Street on Hyannis Harbor. Baxter's restaurant is famous throughout Cape Cod for its Fresh Seafood.

Categories: Waterfront Dining

177 Pleasant Street, Hyannis ~ (508) 775-4490 ~ www.baxterscapecod.com



Inaho Japanese Restaurant

\$\$

Inaho's fine Japanese cuisine is complemented by excellent Sake choices and a full bar. Enjoy the freshest sushi and sashimi, inventive makis, tempuras, teriyakis and a long list of appetizers. Complementing the authenticity of the food is the subtle decor.

Categories: Casual Dining

157 Rt 6A, Yarmouth Port ~ (508) 362-5522 ~ inahocapecod.com



Sundae School

\$

Our ice cream and frozen yogurts are made using the finest ingredients. Try our light ice cream or a famous hot fudge sundae topped with real whipped cream and a fresh Bing cherry.

Categories: Ice Cream & Candy

381 Lower County Rd, Dennisport ~ (508) 394-9122 ~ www.sundaeschool.com



Kream N' Kone

\$\$

Welcome back to our 60th year on Cape Cod! Along with the pleasant atmosphere over looking Swan River, come in for the "The Best Fried Seafood Anywhere." We won the 2013 Best Of Cape Cod Award for our Fried Clams. We buy and serve fresh and top quality seafood. Call for takeout orders.

Categories: Ice Cream & Candy, Casual Dining, Take Out, Waterfront Dining

961 Rte 28, West Dennis ~ (508) 394-0808 ~ www.kreamnkone.com



Black Cat Tavern

\$\$

Winner the Cape Cod Chowderfest for 2012, 2013 & 2014 and named "Best Giant Lobster Roll" in Yankee Magazine 2013. Under the new ownership of Dave Colombo this waterfront restaurant, perched right on Hyannis Harbor just got a major facelift. The new look is all about laid back, upscale nautical and the menu keeps the focus on an extensive selection of native seafood with plenty of alternatives to keep everyone in the crowd happy. What could be better than eating fried clams on the patio while watching boats sail in and out of the harbor? Serving lunch, dinner and Sunday brunch.

Categories: Casual Dining

165 Ocean Street, Hyannis ~ (508) 778-1233 ~ www.blackcattavern.com



Colombo's Cafe & Pastries

\$\$

Located in the heart of downtown Hyannis, Colombo's Café and Pastries combines an open kitchen, high ceiling and energetic atmosphere to create a North End Boston feel. The new alfresco bar are Hyannis' premier people watching destinations. The menu features loads of Italian classics; handmade pasta, thin crust pizzas, steaks and local seafood. With dozens of house made Italian pastries and cookies available, dessert is a must, especially when paired with a cappuccino or espresso. Serving lunch and dinner year round.

Categories: Casual Dining

544 Main Street, Hyannis ~ (508) 790-5700 ~ www.colomboscafe.com



The Roadhouse Cafe

\$\$\$

For more than 33 years, this downtown Hyannis mainstay has drawn big crowds and high praise. It's ranked the highest rated restaurant on the Cape & Islands by Phantom Gourmet and is the winner of the Cape Cod Chowderfest for 2012, 2013 & 2014. The menu features native seafood, thick chops, prime beef and Italian specialties with an extensive wine list. Light fare available. Serving dinner nightly at 4 pm year round with early birds from 4 to 6 pm. Piano bar Friday and Saturday and Live Jazz every Monday.

Categories: Fine Dining, Entertainment / Live Music

488 South St, Hyannis ~ (508) 775-2386 ~ www.roadhousecafe.com



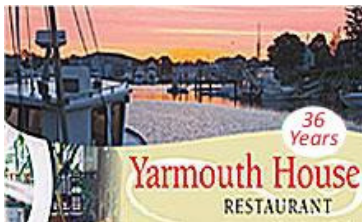
DiParma Italian Table

\$\$

DiParma Italian Table brings you a touch of Tuscany in a unique setting, that offers a wide choice of Italian specialties, pasta, pizza, and a superb wine selection. The warm and friendly atmosphere will surely delight those looking for an authentic Italian feel, that's why DiParma is quickly becoming one of Cape Cod's most popular Italian dining experiences.

Categories: Casual Dining

175 Rt.28, West Yarmouth ~ (508) 771-7776 ~ www.diparmarestaurant.com



Yarmouth House Restaurant

\$\$\$

The Kounadis family has been welcoming guests to the Yarmouth House Restaurant for well over two decades. Your hosts take pride in presenting guests with the ultimate in excellent dining and have made the Yarmouth House one of Cape Cod's most popular dining experiences. Whether your craving is for fresh, native seafood, choice beef entrees, or the featured chef-prepared specialties, Yarmouth House is sure to please.

Categories: Casual Dining

335 Rt 28, West Yarmouth ~ (508) 771-5154 ~ www.yarmouthhouse.com



Cape Cod Central Railroad

\$\$

Railroading on Cape Cod has a rich and colorful history, spanning over 150 years! Experience the rhythm of the rails on a 50 mile ride that traverses sand dunes, cranberry bogs, salt marshes, and the famous Cape Cod Canal. Choose a two hour narrated tour or one of our popular dining journeys, with your family on the Family Supper Train, an Elegant Dinner Train, for adults only or join us for the Sunday Brunch Train. Check out our special events and ask about private charters for groups. "One of America's Great Train Rides"...Parade Magazine 2010.

Categories: Casual Dining, Sightseeing & Tours, Other Transportation

252 Main Street, Hyannis ~ (508) 771-3800 ~ www.capetrain.com



Paradise Pizza

\$\$

Serving Cape Cod since 1976, Joey Cardillo and his family have been making specialty pizzas, both thin-crust and traditional. We serve beer and wine. Specials include two dinners w/beer or wine for \$19.95 (eat-in only). Eat in our family-friendly atmosphere, with outside dining, or take out. Kids eat FREE. Delivery West Dennis & Dennisport. Ask about our FREE PIZZA! Call us at 508-394-JOEY.

Categories: Pizza

74 School Street, West Dennis ~ (508) 398-9177 ~ www.paradisepizzajoe.com



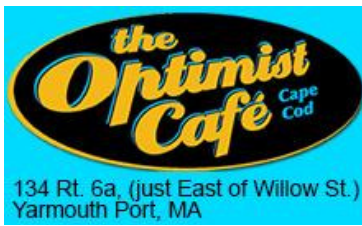
The Barnstable Restaurant and Tavern

\$\$

The Barnstable Restaurant and Tavern Chef/Owner Bob Calderone brings "Great Food and Friendly Service" to Historic Rte. 6A across from the Courthouse in Barnstable Village. Open every day for lunch and dinner, we always serve fresh and if possible local food! Known as a Cape Cod/American Restaurant, we offer a full menu with Creative Appetizers, Refreshing Salads, and Fabulous Seafood, Meats and Italian specialties. On the lighter side, we have Thin Crust Pizzas and an award winning Tavern Burger and all of your favorite Fried Seafood!

Categories: Casual Dining

3176 Main Street, Barnstable ~ (508) 362-2355 ~ www.barnstablerestaurant.com



The Optimist Cafe

\$\$

Enjoy a unique dining experience at the Optimist Café in this charming 1849 Gothic Revival home. Selected in 2009 as Cape Cod Life editors' choice for the "Best Breakfast" award, the café also offer brunch, lunch, high tea, and a wine bar. Start your day at this favorite breakfast spot or take a break from the beach or sight-seeing for a delicious lunch. All menu offerings are prepared fresh using only the highest quality ingredients. The café welcomes all private parties and will gladly personalize the menu to suit your needs.

Categories: Casual Dining

134 Rt 6A, Yarmouth Port ~ (508) 362-1024 ~ www.optimistcafe.com



Sand Dollar Bar & Grill

\$\$

Join us at the Sand Dollar, a family friendly restaurant, for some of Cape Cod's finest seafood, casual atmosphere and entertainment. Come see our newly renovated interior and join our new owner and kitchen manager for great burgers, salads and sandwiches. "Happy Hour" raw bar, featuring \$0.99 oysters, little necks, and shrimp everyday from 4-7pm! There is an item on the menu for everyone. Kids Karaoke starts at 5:00 on Monday, Tuesday and Wednesday with live entertainment 7 nights a week.

Categories: Casual Dining, Entertainment / Live Music

244 Lower County Road, Dennis Port ~ (508) 398-4823 ~ www.sanddollarbg.com



LaScala

\$\$

LaScala is a family-friendly restaurant that will delight you with a genuine Italian dining experience. We serve fresh, simple, delicious Italian food, complemented by a great glass of wine, served in a comfortable, home-like Italian setting where everyone is welcomed as family and friends. Our lounge has a comfortable bar equipped with a 42" flat screen TV to watch your favorite teams. Open year-round Tues. through Sun., starting at 5 pm. We can accommodate large parties for group gatherings, buffet style or off the menu. Take-out available.

Categories: Casual Dining

106 Depot Road, Dennis Port ~ (508) 398-3910 ~ www.lascalaoncapecod.com



Mattakeese Wharf

\$\$

Enjoy waterfront dining at its best. Located right on the water in Barnstable Harbor, the Mattakeese Wharf restaurant offers lunch, dinner, and Sunday brunch. House specialties include cioppino and lobsters, but we also feature many other seafood dishes, as well as pasta and meat. Children's menu available. Located next to the whale watching boat. See the whales, then enjoy a great lunch or dinner at the Mattakeese. Open from May until the 3rd week of October. Reservations suggested.

Categories: Casual Dining, Waterfront Dining

273 Millway Road, Barnstable ~ (508) 362-4511 ~ www.mattakeese.com



Chapin's Fish & Chips Beach Bar

Featuring all the summer time favorites. . . lobster salad roll, steamers, fried seafood, flame-grilled meats, cobb salad and more. Dine in or take out. "Young Mates" menu too!

Categories: Casual Dining

228 Lower County Road, Dennis Port ~ (508) 394-6900 ~ www.chapinsbeachbar.com



The Original Seafood Restaurant

\$\$

In 1953, a drive-in restaurant was opened in Dennisport serving Cape Cod summer fare - hamburgers, fried seafood, and ice cream. Ever since, we have remained faithful to the doctrine that has been so successful over the years - freshness first. The secret to our success lies in our commitment to serving strictly fresh food and adhering to the original family recipes. The result is unparalleled seafood. Enjoy a one-pound lobster roll, grilled swordfish, oysters, scallops or crab cakes - and follow it up with an old fashioned malt or frappe! Voted #1 for Best Fried Clams on Cape Cod. Made the Cape Cod A-LIST for clam chowder in 2012 and 2013.

Categories: Casual Dining

527 Main Street, Dennis ~ (508) 394-1123 ~ www.originalseafoodrestaurant.com



Jack's Pizza Hyannis

\$\$

Voted 'Best Pizza' by Cape Cod Life, Jack's Pizza is a friendly, neighborhood restaurant and bar enjoyed by locals and visitors alike. Located close to downtown Hyannis and shopping malls, Jack's Pizza is a must destination while visiting Cape Cod. Come watch your favorite New England team on our flat-screen TV's, or let us provide delicious food for your next party or function. Join us for Happy Hour, weekdays starting at 4pm. Next time you are in Hyannis and looking for a restaurant and bar to have a bite and a drink, stop by Jack's Pizza.

Categories: Pizza

313 W. Main Street, Hyannis ~ (508) 775-0612 ~ www.jackspizzahyannis.com



The Dockside Ribs & Lobsters

\$\$

Join us at Dockside for breakfast, lunch, or dinner any day of the week. Enjoy the harbor views while trying one of our Cape Cod Times award-winning fish sandwiches. Our locally caught and harvested seafood features the freshest fish, clams, scallops, and steamers by the pound. Try our famous Ribs n' Lobster, New York sirloin steaks, pasta dinners, cheeseburgers, and fresh salads. Conveniently located next to the Steamship Authority.

Categories: Waterfront Dining

110 School Street, Hyannis ~ (508) 827-4355 ~ www.thedocksidehyannis.com



IDGY's Gluten Free Dining

\$

IDGY's Gluten Free Dining is a restaurant located in South Yarmouth, on Cape Cod. We offer breakfast, Lunch, and Dinner. All menu items are made fresh using only 100% gluten free ingredients. IDGY's has homemade baked goods such as bread, english muffins, panini flatbreads, cookies, cupcakes, pies and assorted sweets. It's worth a trip from anywhere on the Cape to try out the only 100% gluten free restaurant on Cape Cod. Don't forget to remember us for your next event, we can help suggest a menu or dessert for any dietary need. Check out our Vegan selections as well.

Categories: Casual Dining, Catering

23S Whites Path, South Yarmouth ~ (508) 694-7451 ~ www.idgysglutenfree.com



Cape Cod Creamery

\$

Our award-winning gourmet ice cream is known for its smooth and creamy texture and pure flavors. Enjoy our many exciting flavors, including Craigville Caramel Crunch, Nauset Peach, Patti Page Peppermint, Hyannis Heath Bar, and so many more! After you try our ice cream, you'll want to buy a quart available at one of the many Cape Cod markets. All ice cream made on the premises.

Categories: Ice Cream & Candy

5 Theatre Colony Lane, South Yarmouth ~ (508) 398-8400 ~ www.capecodcreamery.com



Kian & Rylee's Pub & Patio

\$\$

Kian n Rylee's Pub & Patio located in the heart of Main Street Hyannis , offers superb, relaxed, indoor and outdoor dining with Cape Cod's largest burger menu. We are family friendly and offer a kid's menu as well. Enjoy gourmet burgers, wraps, Panini's, fresh seafood, or salads, on our shaded patio overlooking bustling Main Street. We offer locally crafted Cape Cod Beer and have a variety of unique, creative cocktails.

Categories: Casual Dining

561 Main Street, Hyannis ~ (508) 771-4405 ~ www.kiannrylees.com



Red Face Jack's Sports Pub

\$\$

The new Red Face Jack's in West Yarmouth is the place to go for fine fare, great times and watch your favorite NFL, NBA, MLB and NHL teams on our numerous large HDTV's. Bring the family, come for lunch, dinner or a few of our amazing cocktails, fine beers or wines. We invite you to stop in and see what all the excitement is about.

Categories: Casual Dining

585 Main Street, Rt. 28, West Yarmouth ~ (508) 771-5225 ~ www.redfacejacks.com



The Marshside

\$\$

Join us for casual dining at the Marshside overlooking scenic Sesuit Creek. Our menus include only the freshest seafood, meats, salads and more. Come in and join us for great food, great company, and beautiful views. Opens at 11:30 am 7 days a week for lunch and dinner. Bring the whole family!

Categories: Casual Dining

28 Bridge Street, East Dennis ~ (508) 385-4010 ~ www.themarshside.com



Spanky's Clam Shack

\$\$

Cape Cod's best waterfront dining spot, Spanky's Clam Shack, is located directly on Hyannis Harbor adjacent to the Hy-Line Ferry boats. Spanky's was voted Best Seafood Restaurant in 2013, by Cape Cod Life Magazine! Our locally caught and harvested seafood features the freshest fish, clams, scallops and steamers by the pound. Try our delicately light fish & chips, fried clams and scallops or grab a fresh "lobstah" or two! Also, find delicious steak, chicken and pasta dinners as well as sandwiches, a great cheeseburger and specialty salads galore. Dine inside, out on the waterfront patio or at our full bar, the Seaside Saloon. Serving lunch & dinner daily, Spanky's is like Cape Cod the way you remember!

Categories: Casual Dining

138 Ocean Street, Hyannis ~ (508) 771-2770 ~ www.spankysclamshack.com



Il Maestro Ristorante

\$\$

Now in its new chic location at the One Financial Place complex, Hyannis, Il Maestro continues to offer the same excellent service and quality Italian cuisine that they've made famous for over 25 years. Owner Michael DePaolo describes his restaurant as "fine dining in an upscale setting at an affordable price". Year-round residents and vacationers gather at the full bar that includes and extensive wine selection. Reservations are recommended, but not necessary. Come experience the greatness of Il Maestro in its new location! Also, we own and operate CapeCodCateringCompany.com.

Categories: Casual Dining

297 North Street, Hyannis ~ (508) 775-1168 ~ www.ilmaestroma.com



Wee Packet

\$\$

A local favorite celebrating its 63rd season, Wee Packet has become a home away from home for many of its customers. It has been a tradition since 1949 for families. All the food is made fresh in-house, and offers a full menu for breakfast, lunch and dinner. You won't want to miss our full Irish Breakfast. We have some of the best fried seafood and seafood rolls on the Cape. Of course, we have delicious chowda and our deserts keep our customers coming back for more. We welcome our regular customers and invite our new friends to come and enjoy a true Cape Cod experience whether dining inside our out on our airy porch. Wee Little Ones Menu, Full Bar Service and Take-Out available.

Categories: Casual Dining, Gift Shops

79 Depot St, Dennis Port ~ (508) 394-6595 ~ www.weepacketrestaurant.com



B & B Pizza

\$\$

Great food at great prices, that's what you'll find at B & B Pizza on West Main St. in Hyannis. Only the freshest ingredients go into our signature pizza, calzones, subs, wraps & sandwiches. Dinners feature Mama Bout's homemade lasagna, chicken or eggplant parmesan, and steak tips. The décor makes you feel like you're sitting at Fenway and the large HD screens keep you on top of the action on the field. Mingle with locals and vacationers alike. Call ahead for pick up or delivery.

Categories: Pizza, Casual Dining

10 Seaboard Lane, Hyannis ~ (508) 771-3330 ~ www.bnbpizza.com



Great Island Bakery

\$

Since 1998, Cari Burbank and her mother, Lee Eiler have been baking at our location in South Yarmouth. Our from-scratch menu includes muffins, sticky buns, scones, elephant ears, danishes, and much more Everything is made fresh daily. We feature some of the largest selections of breads, pies, and quiches around. All fruit pies are made specially to-order. We have Key Lime pie made with real Florida Key Limes. All items can be picked up hot and ready to eat or frozen. Pies can also be picked up ready-to-cook at home.

Categories: Bakeries/Coffee Shops

46 South Street, South Yarmouth ~ (508) 760-0007 ~ www.greatislandbakery.com



Sesuit Harbor Cafe

\$\$

We are a family owned and operated business entering our 14th season! Our outdoor dining room is located right on the beach in the Northside Marina in Dennis. The umbrella sheltered picnic tables provide a beautiful setting for dining. Enjoy authentic and fresh food while watching the boats come in and out of the harbor and your children enjoy the water and sand. Or for the quintessential dining experience, join us aboard the S.S. Lobster Roll for brunch, lunch, sunset dinner or just a cocktail cruise! The Lobster Roll offers a complete dinner and full bar, so it's perfect for a unique, casual dining experience.

Categories: Waterfront Dining

Sesuit Harbor, Dennis ~ (508) 385-6134 ~ www.sesuit harbor-cafe.com



Katie's Ice Cream

\$

Known as "The Best Ice Cream on Cape Cod", at Katie's we've had one goal since we opened in 2002; pass on our family's love of ice cream to you, our customer. Since then, we have continually strived to make the most delicious, creamiest, and mouth-wateringly savory ice cream on Cape Cod. Visit our Creamery where we offer the opportunity to see the ice cream process and enjoy a fresh made sample. The Creamery will be opening daily Monday-Friday in June. We hope you stop by the Big Pink House on Main Street, Hyannis and have an ice cream or visit our frozen yogurt bar or enjoy a sample of our fresh made ice cream.

Categories: Ice Cream & Candy, Sightseeing & Tours

568 Main Street, Hyannis ~ (508) 771-6889 ~ Katie'sicecreamcapecod.com



Cape Cod Creamery of Hyannis

Visit our new location in the Christmas Tree Promenade in Hyannis. Cape Cod Creamery is gourmet ice cream at its finest! Our product is the smoothest, creamiest, most flavorful ice cream you can buy. Pick up a container, and compare the weight to another brand. You will easily feel that our ice cream is a denser, less air-filled product. Less air means more flavor. When we started in 2005, our goal was not to make a good ice cream, it was, and is to make the BEST ICE CREAM!

Categories: Ice Cream & Candy

645 Iyannough Rd., Christmas Tree Promenade Plaza, Hyannis ~ (508) 568-3600 ~ www.capecodcreamery.com



Red Nun Bar & Grill- Dennis Port

\$\$

Red Nun is a neighborhood pub known for their award-winning burgers, fresh fish, and an extensive beer selection. Local favorites include fish tacos, fresh salads, and fried lobster - along with daily entree specials. Popular with locals and tourists alike, Red Nun is also the best spot to watch your favorite team play! Red, Right, Return!

Categories: Casual Dining

673 Main Street, Dennis Port ~ (508) 394-2869 ~ www.rednun.com



The Cape Cod Cookie

\$

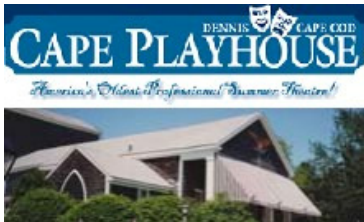
The freshest cookies handmade and homemade by a real Cape Cod mom & pop. From farmers markets to Festivals, wholesale to weddings, even corporate orders to party platters, whatever your need, we have you covered! We ship the entire U.S. and deliver mid-Cape. You can even order right online. Find out what all the buzz is all about!

Amy M: Melt in your mouth delicious. The seasonal varieties, like Plymouth Pumpkin Spice just add to this company's awesomeness. Great price for truly fabulous cookies. The Cotuit Cranberry Oatmeal uses cranberries instead of raisins, Harwich Brownie cookie melts in your mouth. The Bourne Butter cookies are eye-rolling delish!!

Categories: Bakeries/Coffee Shops

(508) 737-7521 ~ www.TheCapeCodCookie.com

Activities

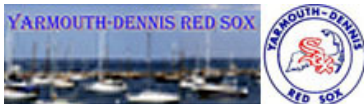


Cape Playhouse

For each season of its over 80 years, the Playhouse has aimed to bring the best performers, favorite and familiar plays, comedies, mysteries and musicals to the audiences of Cape Cod. The opening performance on July 4, 1927 was The Guardsman, starring Basil Rathbone and it seems that almost every well known star of stage, screen and TV has walked the stage of the Cape Playhouse. Children will enjoy classic tales, zany humor, beloved stories and lively music - each production a wonderful way to introduce young people to the joys of theatre. The Cape Playhouse has become a summer tradition for those seeking great entertainment.

Categories: Performing Arts

820 Main Street, Dennis ~ (877) 385-3911 ~ www.capeplayhouse.com



Yarmouth/Dennis Red Sox

Home Field: "Red" Wilson Field, DYRHS, 210 Station Avenue, South Yarmouth Capacity 5,000 Outfield Dimensions LF 346 CF 352 RF 338

Categories: Baseball

210 Station Ave, South Yarmouth ~ www.ydredsox.org

Cotuit Kettleers

Cotuit Kettleers

Home Field: Lowell Park, 10 Lowell Avenue, Cotuit Capacity 2,000; 600 seating OF Dimensions: LF 320 CF 399 RF 320

Categories: Baseball

10 Lowell Avenue, Cotuit ~ (508) 420-2103 ~ www.kettleers.org



Hyannis Harbor Hawks

Home Field: McKeon Field, 120 High School Road, Hyannis Capacity: 3000; Seating: 700; OF Dimensions: LF 330 CF 400 RF 325

Categories: Baseball

120 High School Road, Hyannis ~ (508) 364-3164 ~ www.harborhawks.org



Cape Cod Conservatory of Music and Art

Our biggest summer ever will make yours the best ever. Along with the best music teachers, come have fun with Digital Music Lab, Art, Ballet, Photography w Pre-K and Reading Fun, Singing & Songwriting, Group Music, Belly Dance, Tap/Jazz/Ballet and more!

Categories: Children

2235 Iyanough Road, West Barnstable ~ (508) 362-2772 ~ www.capecodconservatory.org



Pirate's Cove Adventure Golf

Pirate's Cove , "the Original Adventure Golf," offers an unequalled miniature golf experience! The adventures and legends of pirates come to life in our theme park settings. Putt your way through caves, over footbridges, and under cascading waterfalls, all amidst a fun-filled atmosphere of natural wonders, extraordinary landscaping, and enchanting pirate lore. Voted Cape Cod Life Magazine "Best Kid's Activity" 14 years in a row Mini golf is a wholesome, quality, family oriented entertainment option that promises a fun and unique experience for players aged 3 years to 93 years! After a round of golf visit the Marketplace for Blackbeard's Arcade, Pirate Goods, and ice cream.

Categories: Mini Golf

728 Main Street, South Yarmouth ~ (508) 394-6200 ~ www.piratescove.net



Paul Turner's Ultimate Soccer Academy

Since 2002 PTUSA has worked all over Cape Cod and South Shore to bring a variety of camp programs and training to the youth soccer player - from soccer camps to coach's education.

Categories: Camps

(508) 385-2014 ~ www.ptusa.org

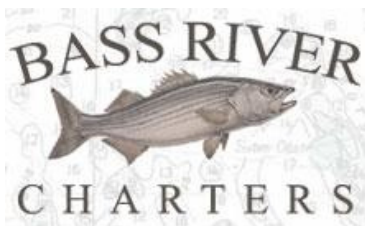


Cape Cod Central Railroad

Railroading on Cape Cod has a rich and colorful history, spanning over 150 years! Experience the rhythm of the rails on a 50 mile ride that traverses sand dunes, cranberry bogs, salt marshes, and the famous Cape Cod Canal. Choose a two hour narrated tour or one of our popular dining journeys, with your family on the Family Supper Train, an Elegant Dinner Train, for adults only or join us for the Sunday Brunch Train. Check out our special events and ask about private charters for groups. "One of America's Great Train Rides"...Parade Magazine 2010.

Categories: Casual Dining, Sightseeing & Tours, Other Transportation

252 Main Street, Hyannis ~ (508) 771-3800 ~ www.capetrain.com



Bass River Charters

Bass River Charters offers Cape Cod's finest sport fishing charters to the experienced as well as the novice fishermen. Centrally located in the Mid-Cape, we fish out of Bass River in South Yarmouth. Fish for striped bass, bluefish, cod, bluefin tuna, among many others, depending on the time of year. We also provide boating opportunities for the non-fishermen. Cruise the harbors of Cape Cod, have lunch in Nantucket Harbor, or go whale watching. With Bass River Charters, you are guaranteed an exciting experience with unforgettable memories.

Categories: Fishing Charters

Bridge St, Yarmouth ~ (508) 737-3162 ~ www.bassrivercharters.com



Predatuna Sportfishing

Looking for the ultimate sportfishing experience? Predatuna has been providing its customers with some of the best fishing on Cape Cod for over 14 years. Capt. Dennis Chaprales has logged thousands of hours fishing on the the East Coast waters including Nantucket Sound. The Predatuna II is a 35' JC Sportfisher and easily accommodates a 6 person charter. Trips include: Bottom Fish- Striped Bass and Bluefish- Codfish- Off shore Canyon Trips and Shark Trips. There is plenty of room for your party and your coolers.. so book your trip today!

Categories: Fishing Charters

Hyannis Harbor, Hyannis ~ (508) 648-8411 ~ www.predatunasportfishing.com



Helen H Deep Sea Fishing Charters

Got Fishing? You've made it this far, and your instincts have proven sound: you're on Cape Cod, a true jewel of the New England coastline, and you've made it here for what most consider her finest months for fishing. Your day awaits. The Helen H, one of the Northeast's premiere sportfishing fleets, is ready to show you the best of Cape Cod's world-class angling, regardless of your fishing abilities. Courteous, experienced crew, expert captains, state-of-the-art vessels, electronics and tackle. Call reservation specialists at 508-790-0660.

Categories: Fishing Charters

137 Pleasant St, Hyannis ~ (508) 790-0660 ~ www.ifishcapecod.com



Sand Dollar Bar & Grill

Voted "Best Neighborhood Bar on Cape Cod", The Sand Dollar offers great nightly entertainment. Popular local favorites include Tony & Dennis on Mondays. Tuesday is local music night. Wednesday is Beer Pong. Thursdays enjoy Patsy Whelan. Fridays feature Greg Buckley for Happy Hour and Friday and Saturday nights enjoy some of the best recording acts from around New England. Kids Karaoke M,T & W. 5:00-8:00. Check out our entertainment schedule on our website. Also Raw Bar Happy Hour 4:00-7:00 daily.

Categories: Casual Dining, Entertainment / Live Music

244 Lower County Road, Dennis Port ~ (508) 398-4823 ~ www.sanddollarbg.com



Hyannis Whale Watcher Cruises

Highlight your Cape Cod vacation with an unforgettable cruise aboard the Mid-Cape's only Whale Watch, sailing mid-April through October from picturesque Barnstable Harbor. Our jet-powered, state of the art vessel carries you to Stellwagen Bank National Marine Sanctuary, the seasonal home to Humpback, Finback, Minke whales and several dolphin species. Since 1981, Hyannis Whale Watcher Cruises has been offering whale watch adventures as a platform for conservation and education to people of all ages from around the world. Visit our website for cruise schedule and online reservations and be sure to check out our gift shop.

Categories: Whale Watches

269 Mill Way, Barnstable ~ (508) 362-6088 ~ www.whales.net

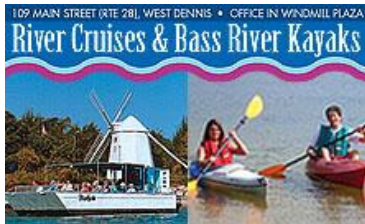


Barb's Bike Shop

The 25-mile Cape Cod Rail Trail starts at Barbara's Bike Shop in South Dennis and extends to Wellfleet. Access three trails from our shop - Cape Cod Rail Trail, Harwich bike trails and Nickerson State Park bike trails. We have over 400 bikes to choose from and no reservations are needed for groups of less than 15 people. We sell bikes, gear, clothing and accessories, and walk-ins are welcome for on-site service, from basic tune-ups to wheel rebuilding and truing, with most repairs handled on the spot. See our second location in Nickerson State Park.

Categories: Bike Rentals

430 Route 134, S. Dennis ~ (508) 760-4723 ~ www.barbsbikeshop.com



Bass River Cruises & Kayaks

Family owned and operated, Bass River Cruises & Kayaks, offers something for everyone. Enjoy a captained cruise on the smooth protected waters with a narration that can't be beat! Learn about shipwrecks, pirates, Vikings and Indians that called the river home. The windmills, river front estates, ospreys, egrets, marsh areas, tidal flats and beaches can also be explored by kayak. No experience necessary. Instructions, vests, & paddles are included. Picnic on the beach, go for a swim or explore the coves. Mixed ages or interests? Cruise or kayak for 1 ½ hours - divide and conquer. Convenient location, free parking.

Categories: Kayaking & Paddle Sports, Boat Cruises

109 Main Street, Rt. 28, West Dennis ~ (508) 362-5555 ~ www.capecodrivercruise.com



Lady J. Sportfishing

The Lady J. departs from scenic Barnstable Harbor - Barnstable, MA to fish the rich fishing grounds of Cape Cod Bay. Our goal is to provide a fun day and catch fish on the Lady J., a 38 ft. Sportfisherman outfitted with the latest electronics and safety equipment. You will leave with incredible memories that will last a life time. The size, age or gender of the person does not matter aboard the Lady J. We have 4,5,6, & 8 hr trips. Call for reservations. Contact Cap. Phil Caliri at H.(508)-295-8552 C.(508)317-0016

Categories: Fishing Charters

Barnstable Harbor, Barnstable ~ (508) 317-0016 ~ www.ladyjsportfish.com



Ryan Family Amusements

One-and-a-half million pairs of bowling shoes rented! Ryan Family Amusements celebrates over 50 years in the family entertainment business. Ryan Family Amusements offers a clean, healthy environment. Our family entertainment centers feature candlepin and/or ten pin or duckpin bowling. We also have huge games rooms with the hottest, newest, coolest arcade games, and party rooms for all occasions. We also offer Mystic Bowling, a state-of-the-art light & sound show to accompany your bowling fun! Mystic Bowling Birthday Parties are available at Hyannis, So. Yarmouth, Buzzards Bay Raynham and Millis.

Categories: Amusements

1067 Rt. 28, Yarmouth ~ (508) 394-5644 ~ www.ryanfamily.com



Cape Cod Inflatible Park

•Welcome to the Cape Cod Inflatible Park, located in the heart of Cape Cod, West Yarmouth, Massachusetts at the Cape Cod Family Resort. "Stay and Play" www.capecodfamilyresort.com. This one of a kind park features both wet and dry rides. Non-riders and parents are always FREE! Families will enjoy outdoor dining for lunch and dinner at the Shark Bites Café or visit our new Coffee Bar. After riding, visit the state of the art Arcade, boasting over 50 games. 2014 Summer Season pass: \$50.00, all day pass: \$27.00, after 6 PM: \$15.00, and the toddlers, all day pass \$15.00. See website for Fall & Spring Pricing!

Categories: Children

518 Rt. 28, West Yarmouth ~ (508) 771-6060 ~ capecodinflatablepark.com



Albatross Fishing LLC

Most affordable fishing excursion for the entire family! Come aboard the party/head boat ALBATROSS for a 4 hour trip morning or afternoon. We bottom fish in the calm waters of Cape Cod Bay. We've been taking families fishing since 1965 targeting Winter Flounder, Black Sea Bass, Tautog & Hake. We are inspected annually by the USCG. Our professional crew will teach you the best fishing techniques. Come join us for a great family fishing experience. Check out our web site for a special money saving coupon.

Categories: Fishing Charters

Sesuit Harbor, East Dennis ~ (508) 863-2533 ~ www.albatrossfishing.com



Salt Shaker Sportfishing

Enjoy Cape Cod sportfishing at its best! Captain Dan has been fishing the Cape waters for over 30 years and is an expert in targeting and catching striped bass, blue fish and other species of fish. The Salt Shaker is a 36 foot downeast sportfisher designed primarily for the purpose of fishing and has all the up to date electronics and safety equipment necessary for an enjoyable day on the water.

Categories: Fishing Charters

Sesuit Harbor, E. Dennis ~ (508) 221-5593 ~ www.salt-shaker.net



Balls To The Wall

Experience the heart pounding thrill of paintball with your family this summer at Balls to the Wall! If you have younger folks with you, perhaps our Lazer Tag arena is your destination! For ages 5 and up, come play for an hour or all day and create a lasting memory for your entire family. Got skaters? Check out our Fun Box skate park! Cape Cod's only indoor skate park offers A/C and a beautiful and clean park whether you are a beginner or a pro! Rain or shine, all the time, we have your family fun solution at Balls to the Wall!

Categories: Amusements

96 Airport Road, Hyannis ~ (508) 778-0100 ~ balls2thewall.com



Cape Cod Power Boat Rentals

You're the captain! Enjoy a day on the water in one of our fully equipped 16',20',22,' AND 24' power boats . Enjoy the waters of Nantucket Sound up to 12 miles from the mouth of The Bass River as far as the harbors of Centerville, Hyannis, Harwichport, and Chatham or just enjoy cruising the Bass River. Our larger boats accommodate up to 11 people. Half day or full day rentals. Reservations recommended.

Categories: Boat Rentals

130 Pleasant Street, South Yarmouth ~ (508) 398-2256 ~ shipshops.com



The Roadhouse Cafe

Live Jazz, Monday Night 7pm-10pm~ Piano Bar, Fri and Sat 7pm -10pm

Categories: Fine Dining, Entertainment / Live Music

488 South St, Hyannis ~ (508) 775-2386 ~ www.roadhousecafe.com



Bay Spirit Tours

Catch the spirit for one of the wonderful tours on our 63-foot catamaran with snack bar and full liquor license. All tours leave from Hyannis. We offer a lighthouse/harbor tour in Hyannis, a sunset cruise to Hyannisport, a wine-tasting sunset cruise, a Figawi Race photo tour, and a land & sea tour. Something for everyone!

Categories: Sightseeing & Tours, Boat Cruises

180 Ocean Street, Hyannis ~ (508) 771-0107 ~ bayspiritours.com

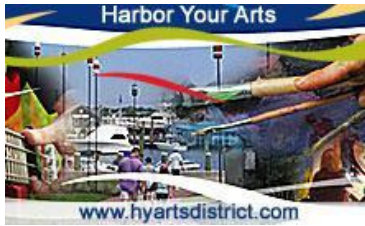


Cape Cod Sportfishing on the Lori Ann

Young or old, experienced or novice, treat yourself to a chartered fishing excursion on the Lori-Ann with Captain Gov Allen. Full or half day charters available. We catch a variety of fish, including striped bass, bluefish, sea bass, cod, tuna, and many others. We'll also take you on an island cruise, whale watching trip, or a diving charter. Call or email for special rates or to book a trip. The Captain has over 25 years of experience. Climb aboard!

Categories: Fishing Charters

225 School Street, Hyannis ~ (508) 364-7830 ~ capecodfishingcharters.net



Harbor Your Arts

The Hyannis HyArts Cultural District is bustling with creativity and history! Pearl Street-where art is cultured! Artist shanties at Hyannis Harbor! Concerts, theater, galleries, artist studios, museums and more. Stroll along the mile long historic Main Street with 48 restaurants, specialty shops and even an old fashioned carousel. The Hyannis HyArts Campus at the corner of Pearl and South St. includes the Guyer Barn, art gallery and two artist work studios, all open year round. Follow the Walkway-to-the-Sea, winding from Main Street through the Village Green to the harbor front. Visit the seven artist shanties(May-Sept) and enjoy free concerts and theater overlooking the harbor at Aselton Park. Take the FREE trolley (June-Sept)around Main Street and the Harbor front--just wave it down and hop on board!

Categories: Other Art & Museums, Sightseeing & Tours
Hyannis Harbor, Hyannis ~ (508) 862-4990 ~ www.hyartsdistrict.com



Music at HyArts District

The HyArts Cultural District Hyannis Harbor Summer Sounds FREE Concert Series includes performances by Cape musicians Tues/Fri/Sundays at Aselton Park, corner of South/Ocean St., July 9th –mid August. All concerts, 6-7:30PM. Performances are listed at HyArtsDistrict.com Free parking available Town Hall, 230 South Street. Public restrooms at Bismore Park on the Harbor. No rain dates. All events are free and family friendly. ALSO-at the HyArts Shanties-music all season long, free nature crafts on Thursdays 4-7PM, MJ and the IN Crowd Thursday evenings, all female a cappella Cape Harmony, Fridays at 6PM, and Saturdays in September—2PM jazz/blues concerts every week.

Categories: Performing Arts
Hyannis Harbor, Hyannis ~ (508) 862-4990 ~ hyartsdistrict.com



Kennedy Legacy Trail

The Kennedy Legacy Trail, in the heart of the HyArts Cultural District, celebrates the significant role the Kennedy’s played in shaping the history of Hyannis and Cape Cod. The 1.6 mile trail consists of 10 informational signs from Main Street to the harbor, including the JFK Memorial at Veteran’s Beach Each stop provides a brief. Visitors along the trail can retrieve additional information by accessing the QR code or dialing the number on each sign. Follow the white sail stencils on the sidewalks leading the way to each stop. Maps available at the JFK Museum, Main Street, Hyannis.

Categories: Sightseeing & Tours
397 Main Street, Hyannis ~ (508) 862-4990 ~ www.kennedylegacytrail.com



Shark Shark Tuna Charters

Shark Shark Tuna has two boats in our fleet that specialize in Striped Bass, Bluefin Tuna, Bluefish, Shark, Sea Bass and Flounder while also providing whale watching, seal tours and sunset cruises. Captain Shane is an extremely knowledgeable guide, successfully runs a commercial fishing business and has a genuine love for the sport. Each charter is customized for any skill level from beginners to professionals, one angler to six. Our fishing locations range from Truro to Chatham, Harwich to Dennis. Make your vacation complete with an experience of a lifetime and memories you will never forget. Coast Guard licensed and insured.

Categories: Fishing Charters
(774) 212-0016 ~ www.sharksharktuna.com



Ryan Family Amusements

One-and-a-half million pairs of bowling shoes rented! Ryan Family Amusements celebrates over 50 years in the family entertainment business. Ryan Family Amusements offers a clean, healthy environment. Our family entertainment centers feature candlepin and/or ten pin or duckpin bowling. We also have huge games rooms with the hottest, newest, coolest arcade games, and party rooms for all occasions. We also offer Mystic Bowling, a state-of-the-art light & sound show to accompany your bowling fun! Mystic Bowling Birthday Parties are available at Hyannis, So. Yarmouth, Buzzards Bay Raynham and Millis.

Categories: Amusements
441 Main Street, Hyannis ~ (508) 759-5464 ~ www.ryanfamily.com



Barnstable Harbor ECOTOURS

Welcome aboard our brand new, 25-passenger pontoon boat for a fascinating 2-hour ecotour of Barnstable Harbor. Our expert naturalist will guide you along the Great Marsh and Sandy Neck barrier beach. Learn about the salt marsh ecosystem and the geologic and human history of the Cape – or just sit back and enjoy the beautiful scenery. Our sunset cruises are very popular. Advance reservations are required.

Categories: Sightseeing & Tours, Boat Cruises

43 Millway, Barnstable ~ (508) 221-6126 ~ barnstableecotours.com



Seahawk Summer Camp at Cape Cod Academy

Centrally located in beautiful Osterville, Massachusetts, Seahawk Summer Camp at Cape Cod Academy is looking to provide campers with an unforgettable summer on the Cape. Open to children ages 4-13, your child can join us for one week or for all eight weeks. Each camper will be offered the opportunity to experience Cape Cod in a whole new way. Tennis, arts and crafts, archery, and nature walks are just a few of the ways your child can spend his summer. In addition, our campers will have the opportunity to take lessons from a Red Cross Certified Instructor. Be sure to visit our website for details and online registration.

Categories: Camps

50 Osterville-West Barnstable Road, Osterville ~ (508) 428-5400 ~ www.capecodacademy.org



Scargo Tower

Scargo Tower is a 30 foot tall observatory set atop one of the highest points on Cape Cod. On clear days, one can see the panorama of Cape Cod Bay from Provincetown in the east to Plymouth in the west.

Categories: Sightseeing & Tours

Scargo Hill, Dennis ~ www.dennishistsoc.org



Old Kings Highway

Old Kings Highway, commonly known as Rte. 6A, is a 34-mile stretch of road that runs across the northern or bay side of the Cape, and through some of the oldest villages in the country. A drive along this road will feature numerous historic and scenic sites including captains' homes, churches, cranberry bogs, and farmlands.

Categories: Sightseeing & Tours

Old Kings Highway, Yarmouth ~ masstraveljournal.com



Barnstable Boat Rentals

Experience the natural beauty of picturesque Cape Cod Bay from the water with a full or half-day powerboat rental from Barnstable Boat Rentals located at Millway Marina in Barnstable Harbor. Feel the wind in your hair and the sun on your face as you dash off on your adventure --- sunbathing on Sandy Neck beach, a low tide picnic on the back sandbar, or a high tide exploration of the Great Marsh - home to shorebirds, osprey and a myriad of marsh creatures. Try your luck luring in a bluefish or striper or simply kick back and smell the salt air, feel the purr of the engine, and taste the freedom that a day on the water can bring.

Categories: Boat Rentals

253 Millway, Barnstable ~ (508) 362-4904 ~ barnstableboatrental.com



Cape Kayaking

Cape Kayaking provides guided tours through the waterways of the Cape Cod National Seashore and surrounding bays, inlets and tidal rivers. Tours groups are no larger than 8 people and trips paddle 3 hours or more. Explore the ecosystems and the history of the Cape while paddling with a local guide. Trips can paddle through pods of seals, watch birds feeding on the sandbars, learn about harvesting clams as well as taste your catch or just discover the quiet shallows behind the barrier beach of Nauset. Private trips are also available.

Categories: Kayaking & Paddle Sports

(508) 247-7402 ~ capekayaking.com

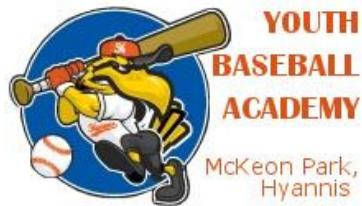


Katie's Ice Cream

Demonstration of the process of making ice cream! The Creamery at Katie's Ice Cream is now open Monday through Saturday, 12pm - 5 pm. We are located directly behind our ice cream shop that is known as "The Best Ice Cream on Cape Cod", at Katie's we've had one goal since we opened in 2002. We continue to pass on our family's love of ice cream to you, our customer. Since then, we have continually strive to make the most delicious, creamiest, and mouth-wateringly savory ice cream on Cape Cod.

Categories: Ice Cream & Candy, Sightseeing & Tours

572 Main Street, Hyannis ~ (508) 771-6889 ~ Katiesicecreamcapecod.com



Youth Baseball Academy

This is a baseball development clinic for all youth from ages 5 through 12 (K-6th grade). You'll learn hitting, pitching, and fielding under the watchful eyes of Harbor Hawks head coach Chad Gassman, assistant coach Chase Sain, and Harbor Hawks players. All participants receive a free T-shirt and instruction from the best!

Categories: Children, Camps

McKeon Park, Hyannis ~ harborhawks.org



Hy-Line Sightseeing

Set Sail to Sightsee! Welcome aboard Prudence, our 1911 Maine coastal steamer, for a 1-hour cruise and learn about the local history and area landmarks on your way to view the historic Kennedy Compound in Hyannisport.

Categories: Sightseeing & Tours

138 Ocean St. Docks, Hyannis ~ (508) 790-0696 ~ www.hylinecruises.com



Hy-Line Fishing

Catch the Excitement! Cruise into Nantucket Sound and find yourself in one of the best areas for fishing on the East Coast! Whether your choice is bottom fish or blues, we have everything you need to take part in the action...all you have to do is show up!

Categories: Fishing Charters

138 Ocean St. Docks, Hyannis ~ (508) 790-0696 ~ www.hylinecruises.com

Shopping



Yarmouth Jewelers

Take home some Cape Cod inspired jewelry as a memento of your vacation – or buy a Cape Cod watch so that you can always remember your "time" on the Cape! Traditional, contemporary, and decidedly different jewelry and gifts, including beachcomber convertible jewelry, Cape Cod jewelry, and nautical gifts. We also have fine and estate jewelry. We will design a piece to meet your specifications. Don't forget to "tickle the keys" on our baby grand piano while you're here!

Categories: Jewelry, Other Weddings & Events

1086 Rt 28, South Yarmouth ~ (508) 394-3637 ~ YarmouthJewelers.com



Mass Bay Co.

It's not just a store, it's a family destination. We have been a fixture in downtown Hyannis for over 40 years. Our large store is chock-a-block full of the latest fashions, army and navy surplus, military memorabilia, baseball hats, work clothes and work boots, many brands of sandals, nostalgic posters, bumper stickers. Check out our selection of Ray Ban's and Tilley hats. We carry brands such as Vans, Converse, Women's Frye Boots, Sperry, Carhart Work Boots, Muck Boots, Chippewa and Timberland Work Boots, Hiking Boots, Merrells and more! Something for the whole family!

Categories: Clothing & Accessories, Souvenirs

595 Main Street, Hyannis ~ (508) 771-2114 ~ www.massbayarmynavy.com



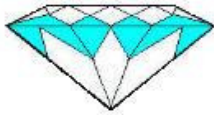
Shift Boutique

Shift is a conscious clothing boutique located just off Main Street, Hyannis, and geared towards women of all ages who enjoy quality wardrobe staples as much as couture clothing and a connection to what they wear. We feature designer clothing, jewelry, and accessories that are not only fashionable but environmentally friendly as well. The moment you enter Shift and witness first hand their sustainably designed clothing, body care and perfumes, you're addicted. Thankfully, shopping with a conscience provides the yin to your shopping yang.

Categories: Clothing & Accessories

535 South Street, Hyannis ~ (508) 775-2652 ~ www.shiftboutique.com

New England Jewelry



New England Jewelry

New England Jewelry has been serving Cape Cod with fine jewelry at low prices since 1986. Selling high quality jewelry at discounted prices (minimum 25% off MSRP) to the public has made New England Jewelry the premier stop for those seeking good quality in Diamonds, Gold, Precious Stones, Watches and Custom Designs. The following names are what make New England Jewelry the sought-after jewelry center on Cape Cod (Louis Feraud, Chimento, Chiampesan, Maurice LaCroix, Jordan Meryl, Alfieri & St. John, Kwiat, Hammerman Bros.).

Categories: Jewelry

342 Main Street, Hyannis ~ (508) 771-6161 ~ www.neje.com



Bass River Mercantile

Step back in time and enjoy our meticulously restored 200 year-old building, where you'll find unique gifts and favorites from the past. Look for our cigar store Indian and the American flag and you'll know we're open! Our main floor holds collections of unusual treasures of the past, while our lower level keeps you in the present. Browse our selection of weather vanes, ship models, Mermaid prints, ornaments, and statues from 4 ounces to 50 lbs! Old time candies for the child in everyone, our own old fashioned root beer, home made jams and jellies and many locally crafted gifts and soaps. We offer a wide assortment of Cat's Meow, Charming Tails, Emmett Kelly, as well as one of a kinds, limited editions and retired pieces. The music of world renown pianist Silvard helps create our relaxing atmosphere.

Categories: Gift Shops

2 North Main Street, South Yarmouth ~ (508) 760-1888 ~ www.bassrivermercantile.com



Cape & Island Golf Shop

Locally owned and operated and dedicated to helping you with all your golf equipment needs. Carrying the best in golf equipment, accessories, shoes & apparel from brands like Callaway, Taylor Made, Titleist, Footjoy, Cobra, Ping, Nike, Mizuno, Sun Mountain, & Ecco. Custom club fitting and golf club repairs always available. Special orders encouraged. Open 7 days a week. Proud to be an independent golf retailer. Your game is our business!

Categories: Other Shopping

1019 Iyannough Road, Hyannis ~ (508) 771-4653 ~ www.capeandislandsgolf.com



Cape Cod Package Store

Let Cape Cod Package Store Fine Wine & Spirits help you ease into a relaxing vacation on Cape Cod! They can assist you in stocking the bar, refrigerator & pantry with your favorite beverages and mixers. With an expansive selection of Wine, they challenge you to find new favorite, offering 24 wines on tap everyday for your tasting pleasure! Chill out with Beer & Microbrews, kept icy cold in their walk-in cooler. Owned & operated by the Pendergast family for over 74 years, their team is a great source for all things 'Local'. Plan ahead, order online, then schedule pick-up or local delivery!

Categories: Liquor/Wine

1495 Falmouth Road, Centerville ~ (508) 775-2065 ~ capecodpackagestore.com



Just Picked Gifts

Just Picked Gifts is an exciting, ever changing store where you will find something new every time you visit! Just Picked is a must-stop destination for vacationers and locals alike. There is something for everyone. If you can't make it in for a visit see our NEW online shop at www.justpicked.com. Our products consist of a wide variety of things like home decor-pillows, rugs, lamps; clothing, garden decor, books, gourmet food, great gifts and much more. Many of our products are handmade and many are even created by Cape Cod locals, all are made with a unique attention to detail and quality in mind.

Categories: Gift Shops

13 Willow Street, Yarmouth Port ~ (508) 362-0207 ~ www.justpickedgifts.com



Cape Cloth

Cape Cloth is the new shape of the Cape that epitomizes Cape Cod: unique, comfortable, and community-focused. Our mission is to use clothing to represent Cape Cod activities while helping locals live better. Every one of your cloth purchases is \$1 donated to Cape Abilities, an organization that empowers people with disabilities live meaningful and active lives, in their own towns, across Cape Cod. Life's a two-way street. Cape Cod's natural beauty impacts all its visitors, but it's community makes it special. Look great and do better representing it. Love the Cape, wear the Cloth. Exclusively online.

Categories: Clothing & Accessories

PO Box 1123, South Dennis ~ (508) 737-3720 ~ capecloth.com

Art & Museums



Samuell Day Gallery

Samuell Day Gallery is a visual delight and a source of unique gifts and fine crafts that you will treasure not only for yourself, but for gifts as well. Over 25 Cape Cod artists are represented by owner/glass artist Caryn Samuell whose working studio is on the first floor. The 2nd floor is a colorful wonderland of glass art, jewelry, pottery, photography and much more. When you come to the Cape, make Samuell Day Gallery a 'must see' destination...you will be pleasantly surprised and delighted.

Categories: Art & Crafts, Art Galleries

4039 Rt 6A, Cummaquid ~ (508) 362-0175 ~ www.samuelldaygallery.com



Harbor Your Arts

The Hyannis HyArts Cultural District is bustling with creativity and history! Pearl Street-where art is cultured! Artist shanties at Hyannis Harbor! Concerts, theater, galleries, artist studios, museums and more. Stroll along the mile long historic Main Street with 48 restaurants, specialty shops and even an old fashioned carousel. The Hyannis HyArts Campus at the corner of Pearl and South St. includes the Guyer Barn, art gallery and two artist work studios, all open year round. Follow the Walkway-to-the-Sea, winding from Main Street through the Village Green to the harbor front. Visit the seven artist shanties(May-Sept) and enjoy free concerts and theater overlooking the harbor at Aselton Park. Take the FREE trolley (June-Sept)around Main Street and the Harbor front--just wave it down and hop on board!

Categories: Other Art & Museums, Sightseeing & Tours

Hyannis Harbor, Hyannis ~ (508) 862-4990 ~ www.hyartsdistrict.com

Fitness & Beauty



Hands-On Health

Hands-On Health provides a supportive environment that focuses on integrating self-care and therapeutic massage treatments to help you improve your overall well-being. Backed by years of practical experience in the field, along with continued education and hands-on training, our massage services are unparalleled in the area, and are often part of our clients' overall wellness programs – providing relief from pain and restrictions, and helping them achieve a stronger, more balanced and flexible body, with an enhanced mind-body connection.

Categories: Massage Therapy

860 Rt. 134, Unit 7, South Dennis ~ (508) 385-8882 ~ www.handson-health.com



Joe's Place True Pilates

At Joe's Place-True Pilates we'll help you master the magic of the Pilates system - not just mimic the movements. We offer our clients the highest quality instruction in True Pilates as it was originally created by Joseph Pilates and on the apparatus he designed. At Joe's Place-True Pilates you will receive individual attention from a classically-trained, fully-certified instructor who understands how to tailor a workout specifically to your body and capabilities, and you'll enjoy working in an atmosphere defined by energy and professionalism.

Categories: Yoga / Pilates

860 Rt. 134, Unit 7, South Dennis ~ (508) 385-8882 ~ www.joesplacetruepilates.com



Centerville Yoga & Wellness Center

Assisting you in achieving whole health and well being. Services include acupuncture, massage therapy, organic facials, waxing, reflexology, Reiki, and yoga classes for all levels.

Categories: Massage Therapy, Yoga / Pilates, Day Spas

1600 Falmouth RD, Unit 41, Centerville ~ (508) 775-1422 ~ www.centervilleyoga.com



Verona Beauty Salon

Verona Beauty Salon offers the very best in salon services. Precise cutting techniques with educated stylists who keep up with the newest trends is what you can expect at Verona. We use the highest quality color products. Retexturizing, all hair treatments, waxing, nail care and massage are available. Our loyal clients will receive a 20% discount on their next service for every new client referral. Referred clients will receive a 15% discount on any service during their first appointment. Hours: Tuesday through Saturday starting at 10AM.

Categories: Hair/Nail Salons

344 Main Street, Hyannis ~ (508) 775-4040 ~ www.veronabeautysalon.com



Cut Ups Hair Salon & Spa

Readers Choice Awards Voted Cut Ups #1 for Day Spas. Catering to each client's unique style and personality, we are dedicated to providing you with the utmost attention, courtesy, and level of service. Indulge yourself with a trendy CutUps Hair Salon style, cut or color. Our first-class service includes today's most advanced coloring and hair-cutting techniques. Our staff is highly trained, and your privacy is assured.

Categories: Day Spas, Hair/Nail Salons

845 Rt 28, Unit 4, South Yarmouth ~ (508) 394-7109 ~ www.cutupshairsalon.net

Services



Treats Catering

Treats Catering in Dennis has been delivering clambakes to local residents and tourists for 25 years. They come to your door at the appointed time, hot and ready to serve. The menu includes homemade clam chowder, 1 ¼# lobster, steamers and mussels, corn on the cob, new potatoes and sweet Italian sausage. You also receive melted butter, bibs, wet naps, crackers, paper plates and serving utensils. They're delivered piping hot and smell awesome. 15 person minimum on Saturdays, 10 on all other days. \$35.00 each plus tax. Call today!

Categories: Catering

25 Scarsdale Road, Dennis ~ (508) 385-1540 ~ www.treatscatering.com



The Casual Gourmet

Whether you dream of a casual afternoon celebration by the beach or an elegant sit-down dinner at one of Cape Cod's finest locations, the Casual Gourmet will help make your fantasy wedding come to life. Pairing outstanding food and gracious service with elegant presentation and sparkling style, the Casual Gourmet's team of professionals will help steer you to the perfect venue, create a menu to match, and ensure your dream becomes a reality.

Photo courtesy of Stephen Haines Photography

Categories: Catering, Bakeries/Coffee Shops

31 Richardson Road, Centerville ~ (508) 775-4946 ~ www.thecasualgourmet.com

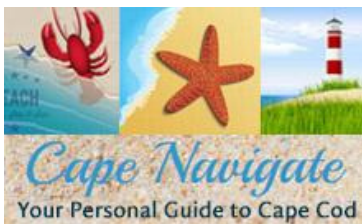


White Linen Rental

White Linen Rental service offers the furnished housing industry the opportunity to rent white sheets and towels by the day nationwide. We focus on the needs of vacation rental homeowners as well as the necessities of the savvy Traveler who would prefer to stay in a vacation rental home rather than a hotel. Our sole purpose and utmost priority is to bring you convenience and peace of mind when you rent our linen. We also provide "Welcome Starter Kits" designed to take the thought process out of stocking the bare necessities for your vacation rental home. The kits are offered to travelers and homeowners as well.

Categories: Linen Rentals

(888) 661-4777 ~ www.whitelinental.com



Cape Navigate

Too busy or just too tired to plan your Cape Cod get away? Let Cape Navigate do the planning for you! Whether you need help figuring out where to stay, recommendations for a full week of activities or you just need a quick idea for a day trip, Cape Navigate is here to make your plans easier and your vacation more enjoyable. We share our experience and knowledge to help you find the right activities and adventures to have your best vacation ever! We will listen to your thoughts, discuss your needs and provide you with a list of options to choose from based on your preferred budget. Contact Cape Navigate today and let us be your personal guide to the popular spots and hidden treasures of Cape Cod! We look forward to hearing from you!

Categories: Other Personal Services

PO Box 340, Barnstable ~ (774) 266-7566 ~ www.capenavigate.com



The Cape Cod Kitchen

The Cape Cod Kitchen Personal Chef Services prepares meals in your home kitchen based on your needs and preferences, taking care of the entire menu planning, shopping, cooking, and clean up. A Personal chef is much more affordable than you may think. Consider how much time and money you spend on shopping, cooking, and cleaning, not to mention those expensive meals out and wasted food. The Cape Cod Kitchen can provide any type of cuisine to fit your tastes and needs: from a casual dinner or cook out, beach or boating lunches, to a formal intimate dinner party with several courses - all according to your budget.

Categories: Catering

(617) 335-3506 ~ www.thecapecodkitchen.com



Cape Linen Rental

Cape Linen Rentals offers linen rentals for the home owner or vacationer. Let our professional staff bring clean linens to you and launder them when your vacation comes to a close. We offer all types of linens and beach gear as well as cribs and highchairs. Our online ordering form is easy or if preferred give us a call and we will process your order over the phone. We will have everything you have requested ready and waiting for you upon your arrival. Your only job is to have fun on beautiful Cape Cod.

Categories: Linen Rentals

722B Main Street, Yarmouth Port ~ (508) 896-1948 ~ www.capelinenrentals.com

Transportation

KIDS RIDE FREE
to Nantucket & the Vineyard
HY-LINE Cruises
Aboard Traditional Ferries
[Click here for information & reservations](#)

Hy-Line Cruises

Family Friendly Service to Nantucket and Martha's Vineyard! We understand the importance of quality family time, that's why KIDS RIDE FREE aboard our traditional ferries to the islands! KIDS are 12 & under | Maximum 3 KIDS per adult | Not valid for 1st Class or High-Speed TOLL FREE (800)492-8082

Categories: Ferries

220 Ocean Street, Hyannis ~ www.hylinecruises.com

ETS
International
Your Expectations Drive Us™

ETS International

Planning a wedding on Cape Cod? Organizing a special vacation celebration or reunion? Travel in luxury during your special occasion with ETS International. Choose from among our fleet of pristine, late-model vehicles (including luxury sedans, limousines, vans, SUVs and buses). Your experience will be enhanced by a team of exceptional and well-trained chauffeurs.

Categories: Limousines

(800) 546-6786 ~ www.etsintl.net

CAPE COD CENTRAL RAILROAD

Cape Cod Central Railroad

Railroading on Cape Cod has a rich and colorful history, spanning over 150 years! Experience the rhythm of the rails on a 50 mile ride that traverses sand dunes, cranberry bogs, salt marshes, and the famous Cape Cod Canal. Choose a two hour narrated tour or one of our popular dining journeys, with your family on the Family Supper Train, an Elegant Dinner Train, for adults only or join us for the Sunday Brunch Train. Check out our special events and ask about private charters for groups. "One of America's Great Train Rides"...Parade Magazine 2010.

Categories: Casual Dining, Sightseeing & Tours, Other Transportation

252 Main Street, Hyannis ~ (508) 771-3800 ~ www.capetrain.com



The Lure of Cape Cod

It's difficult to define what it is about Cape Cod that has continued to draw so many of us back to experience it again and again each summer. Perhaps it's the irresistible combination of its unique natural beauty - miles of beautiful, white-sand beaches and dunes and lush, fascinating marshes teeming with wildlife - its charming history dating back to the 17th century, and its abundance of family-oriented activities, and beautiful [Cape Cod vacation rentals](#). If lying on a gorgeous beach or reading a book on a porch overlooking wetlands isn't enough for you, we suggest you take advantage of some of these wonderful, in most cases free, quintessentially-Cape experiences:

Town Band Concerts

Small town band concerts are a part of Americana. Although these concerts are disappearing in many areas of the country, they remain a treasured and delightful part of the summer experience on Cape Cod.



Brewster Band Concert



Chatham Band Concert

In parks all over the Cape and Islands, local residents assemble in gazebos in their band uniforms and present a mix of music sure to delight all and get feet tapping. While parents and grandparents relax on blankets or in folding chairs waiting for the music to begin, children run around the bandstand and play in the area set aside for dancing. Then, when the band strikes up, the dancing begins – couples, parents with their children and even solo folks enjoy swaying to the music. Adding to the Normal Rockwell-like experience at some concerts are strings of balloons rising into the summer skies.

At most of these events, you can bring food and non-alcoholic beverages to enjoy and make it an even more festive event.

Here is a list of where you can catch the town band concerts during the summer months:

Sundays

Brewster -- 6 pm, Drummer Boy Field, Rte. 6A, Brewster

Martha's Vineyard -- 8 pm, alternating between Owen Park, Vineyard Haven and Ocean Park, Oak Bluffs

Mondays

Dennis -- 7:30 pm, Dennis Village Green Gazebo, Rte. 6A, Dennis
Orleans -- 7 pm, Nauset Beach, Beach Road, Orleans, Yarmouth -- 7:30 pm, Mattacheese Middle School, Higgins Crowell Road, West Yarmouth

Tuesdays

Dennis -- 7 pm, on the Dennisport Village Green, Dennisport

Harwich -- 7 pm, Band shell at Brooks Park, Oak Street, Harwich

Wednesdays

Hyannis -- 7:30 pm, Hyannis Village Green, Main Street, Hyannis

Thursdays

Bourne -- 7 pm, Buzzards Bay Park, Main Street, Bourne

Falmouth -- 8 pm, Marina Park, Scranton Avenue, Falmouth

Sandwich -- 7:30 pm, Gazebo behind Henry T. Wing School or indoors if raining. Water Street, Sandwich

Fridays

Chatham -- 8 pm, Kate Gould Park, Main Street, Chatham

Saturdays

Hyannis -- 6 pm, Hyannis Village Green, Main Street, Hyannis

Various Dates

Nantucket -- 6 pm, Band Shell at Children's Beach, Nantucket

Cape Cod Baseball League

The Cape Baseball League, established in 1885, is the premier amateur baseball league in the country. Ten teams showcase the talents of some of the best college players in the country as they play hard-hitting ball in parks from Wareham to Orleans from June to mid-August. The League, which bills itself "Where the Stars of Tomorrow Shine Tonight," is known for its beautiful ballparks, as well as the purity and simplicity of the games played. Many of today's Major League players got their start in the Cape League, including several players on the 2007 World Champion Boston Red Sox: World Series MVP Mike Lowell (Chatham '94), team captain Jason Varitek (Hyannis '91 & '93), former Gold Glove first baseman Kevin Youkilis (Bourne

'00) and speedy centerfielder Jacoby Ellsbury (Falmouth '04).

The league is also notable for its continuing use of wooden bats. Because it draws top-tier college players, the level of play is often considered the equivalent of high-A Minor League Baseball. Admission is free and refreshments are available to purchase. Get your hot dogs and ice cold drinks here!



The Cape Cod Baseball League Hall of Fame is worth a visit. It is located in the "Dugout," the lower level of the John F. Kennedy Museum in Hyannis.

Visit the individual team websites for team rosters and game schedules:

Bourne	Brewster	Chatham	Cotuit
Braves	Whitecaps	Anglers	Kettlers
Falmouth	Harwich	Hyannis	Orleans
Commodores	Mariners	Harbor	Firebirds
		Hawks	
Wareham	Y-D Red		
Gatemen	Sox		

Whale Watches

Many species of whales, including [humpbacks](#), spend a portion of the year at [Stellwagen Bank National Marine Sanctuary](#) in Cape Cod Bay. Stellwagen Bank attracts a variety of marine mammals and thousands of human visitors each year. USA Today named it one of the world's Top 10 Whale Watching Sites.

Just as vacationers return to Cape Cod year after year, so do the whales, and frequently you'll see a female with her new calf. Like human children, whale calves are playful and fun to watch. The whales are used to the whale watch boats and not bashful about approaching or showing off their behaviors.

Humpback whales have markings on their flukes (tails) that are unique to each individual whale and are the means by which scientists and whale watch captains identify whales that return year after year by the hundreds.



Many whales have been given names. A 47-foot (57 feet to the top of the lantern), octagonal wooden lighthouse was erected on a stone base, along with a wood-frame keeper's house, barn, and oil vault. The light went into service on November 18, 1799.

Find Cape Cod [whale watches](#) and other Cape Cod [sightseeing tours](#) in the Vacation Planner.

Lighthouses

Cape Cod and the Islands are home to over 20 lighthouses, many of which are open to the public. A visit to these historic sites can be fun, and it can also give you a sense of the hardships of life on Cape Cod and the Islands 200 years ago.

The waters off Cape Cod have always been difficult to navigate due to the rugged coastline, dangerous sand bars and rip tides, and too few safe harbors to enter during a storm. Over the past 300 years, there have been more than 3,000 shipwrecks on the Cape, mainly along the treacherous outer shore between Provincetown and Chatham, once known as the "Graveyard of the Atlantic."



Highland Light, Truro

Highland Light in Truro, is the oldest lighthouse on the Cape, built in 1797 in an effort to reduce the large number of wrecks. It was the first lighthouse in the nation to have a flashing light. The waters off Cape Cod were filled with ships back in the 18th and 19th century -- in one 11-day period in July 1853, Keeper Enoch Hamilton counted 1,200 craft passing his station. As many as 600 vessels were reportedly counted in one day in 1867.

Gay Head Lighthouse on Martha's Vineyard features one of the most dramatic and picturesque lighthouse locations on the Eastern Coast of the United States. With a tower height of only 51 feet, the lighthouse is impressive in person because it is perched on the 130-foot cliffs of red clay, providing a breathtaking view of the Vineyard Sound, the Elizabeth Islands and the surrounding area.

[Information on all Cape Cod, Martha's Vineyard and Nantucket lighthouses.](#)

Cape Cod

- Cleveland Ledge Light – Buzzards Bay
- Wing's Neck Light – Pocasset
- Nobska Light – Falmouth
- Sandy Neck Light – Barnstable
- Point Gammon Light – Hyannis
- Hyannis Harbor Light – Hyannis
- Bass River Light – Dennis
- Chatham Light – Chatham
- Stage Harbor Light – Chatham
- Nauset Light – Eastham
- The Three Sisters – Eastham
- Highland Light – Truro
- Long Point Light – Provincetown
- Race Point Light – Provincetown
- Wood End Light – Provincetown

Nantucket

- Brant Point Light – Nantucket Town
- Great Point Light – Great Point
- Sankaty Head Light - Siasconset

Martha's Vineyard

- West Chop Light – Vineyard Haven
- East Chop Light – Oak Bluffs
- Edgartown Light - Edgartown
- Cape Pogue Light – Chappaquiddick Island
- Gay Head Light – Aquinnah



Nobska Light, Woods Hole



Plenty of Pedaling Around the Cape & Islands



Biking has always been one of the most popular activities for visitors to Cape Cod and the islands of Nantucket and Martha's Vineyard. You can safely enjoy both road and mountain biking on the many paved and off-road bike paths. Bike shops are plentiful if you need to rent a bike for adults or children. Since biking is an activity the whole family can enjoy, child trailers are also available.

Cape Cod

Throughout the Cape, you have your choice of both paved and unpaved bikeways. The most popular paved trails include:



- **Cape Cod Canal Bikeway:** A 7+ mile paved path along the canal between the Bourne and Sagamore bridges, providing wonderful views of boat traffic and ending at Scusset Beach on the mainland side of the canal.
- **Shining Sea Bikeway:** A 10.7-mile trail that follows the coast from North Falmouth to Woods Hole, winding along cranberry bogs,

Buzzards Bay, and Vineyard Sound.



Cliff Pond – Nickerson State Park

- **Cape Cod Rail Trail:** A 22-mile paved trail running along a former railroad right-of-way from Dennis to Wellfleet. The trail has a wide unpaved shoulder on one side to accommodate horseback riding, walkers, and runners.
- **Nickerson State Park Network:** An 8-mile trail winding through pine forests and along ponds and lakes of this state park in Brewster.
- **Cape Cod National Seashore Network:** The Nauset Marsh Trail in Eastham runs 1.5 miles into National Seashore acreage, ending at Coast Guard Beach, with a panoramic vista of the Atlantic Ocean.
- **Province Lands Bike Trail:** A 7+ mile trail beginning at Race Point in Provincetown and running through sand dunes and forests, ending at the ocean.

While many trails are conveniently located near our [Cape Cod vacation rentals](#), our Nantucket and Martha's Vineyard vacation rentals also provide easy access to biking paths:

Nantucket

Nantucket's terrain seems custom-made for bicycling -- never too steep and always scenic. There are over 24 miles of bicycle paths on

Nantucket, and most are separated from the roadways, making for a safe ride. Nantucket shuttle buses, equipped with bike racks, enable you to easily access any bike routes. A color-coded sign system helps guide bikers around the island.



Biking on Nantucket

Martha's Vineyard

It can be a challenge to cover the whole island of Martha's Vineyard, which is almost 100 square miles! Bike paths parallel most of the major roads, and all MVTA busses have bike racks. The mostly flat "down-Island" route -- from Vineyard Haven to Oak Bluffs to Edgartown and back—covers about 25 miles. For a more challenging trip, the "up-Island" trip to Chilmark and Aquinnah is much hillier and can cover more than 40 miles roundtrip.





Paddling the Pristine Waters of the Cape & Islands

Biking has always been one of the most popular activities for visitors to Cape Cod and the islands of Nantucket and Martha's Vineyard. You can safely enjoy both road and mountain biking on the many paved and off-road bike paths. Bike shops are plentiful if you need to rent a bike for adults or children. Since biking is an activity the whole family can enjoy, child trailers are also available.

Cape Cod's many diverse bodies of water provide excellent settings for kayakers of all skill levels and offer more than 60 different kayaking routes. Out on the Islands, the harbors, coves, and ponds are popular with kayakers, as are the South Shore beaches, which offer surf kayaking.

Cape Cod

On the Upper Cape, try a relaxing paddle along the Mashpee River in Mashpee; in Wild Harbor or West Falmouth Harbor in Falmouth; or Scorton Creek in Sandwich. Waquoit Bay, a national research reserve, also offers the chance to explore undeveloped Washburn Island. On Buzzard's Bay,



take in the calm waters of Pocasset Harbor near Barrett's Island or Vineyard Sound for more

experienced kayakers. Coonamesset Pond is a good choice for fresh water paddling.



In the Mid Cape area, the Herring River, which runs through the 200+ acres of Harwich conservation lands, is a favorite among paddlers of all ages and skill levels. Travel upriver to the marsh to see egrets, great blue herons, and ospreys. Other Mid Cape destinations include Bass River, the longest river on Cape Cod; Swan River; Swan Pond; and Nantucket Sound. For solitude, try Barnstable Harbor and the Great Marsh of West Barnstable, taking time to step onto Sandy Neck Beach.

The Lower Cape features Nauset Marsh, one of the most productive salt marsh habitats in the world and a spectacular spot for kayaking. It is ideal for birdwatching and otter-spotting. You may also find sunbathing seals on Nauset's barrier beaches. The waters are calm enough for beginners, but the beauty brings back even the most experienced kayakers time and again. Check the tides before paddling out, however. Low tide results in vast areas of mud flats that could leave you stranded. Other Lower Cape choices are Pleasant Bay; Chatham's Oyster River; and Cliff Pond, Flax Pond, and Little Cliff Pond in Brewster's Nickerson State Park.

Up on the Outer Cape, Long Point and Pamet Harbor in Truro; Blackfish Creek, Wellfleet Harbor, and Great Island in Wellfleet; and Provincetown Harbor are all popular out and back kayaking spots. These areas are especially choice for sunset paddling.

Sea kayakers will find that Cape Cod's shoreline provides many inlets, coves, and harbors. Cape Cod Bay, Pleasant Bay, and Nantucket Sound offer open water for adventure kayaking and the opportunity to fish or view sea life such as the seals that make Monomoy Island their summer home.

There are many kayak outfitters and tour guides on Cape Cod from Falmouth to Provincetown. If you have never kayaked, most are happy to offer some instruction, but novices are encouraged to join a tour. Tours range from two hours to a full day.

South Shore and Southeastern MA

Kayaking possibilities abound on the South Shore and Southeastern Massachusetts, including Buzzards Bay and the protected harbors of Marion and Westport. Paddle inner Plymouth Harbor and you can get a great view of the Mayflower and Plymouth Rock.

Nantucket

Kayaking the waters of Nantucket offers experienced or novice kayakers many different opportunities. Nantucket Harbor offers easy paddling, with side trips into marshes with abundant bird life and along the coast to some of Nantucket's pristine beaches. Explore the many coves and even fish from the kayak and catch keeper bass or other fish.



Ocean kayaking is available across the Island. You will find good surfing waves on the South Shore for

much of the year.

Kayaks are available for rent at the harbor or they can be delivered to the beach for surf kayaking.

Martha's Vineyard

Gliding along beneath the spectacular Aquinnah Cliffs, paddling in Edgartown Harbor in front of the historic lighthouse, or nighttime paddles in the phosphorescence of Menemsha Pond are just a

few of the ways kayakers can enjoy themselves on Martha's Vineyard.

Make a day of it by paddling to Cape Pogue on Chappaquiddick Island or around the Elizabeth Islands, or enjoy an afternoon venturing into the estuaries and quahog beds of the Felix Neck Wildlife Sanctuary and Sengekontacket Pond.

Martha's Vineyard has half a dozen or so ponds where you can enjoy a short, enjoyable paddle, or, like Nantucket, experience great kayak surfing in the waves of the ocean-facing southern shore.

Rentals are available and can be delivered.



Tee Off on the Cape & Islands



Avid golfers are eager to enjoy as many tee times as possible before they are forced to put away their clubs for the winter months. And they know the courses on the Cape and Islands are among the premier golfing destinations in New England. Golfing during the fall offers delightful weather, no summertime crowds or traffic, and the prices are very reasonable. Many of the region's top private courses open up to non-member play in the off season. It's the perfect activity at the perfect time and in the perfect place.

Perhaps the best thing about the dozens of public and semi-private golf courses on the Cape and Islands is their diversity and proximity to [Cape Cod vacation rentals](#). You can spend the day playing a par 72 with hard fairways, run-up shots to the greens, and a few ball-swallowing bunkers, or sneak in a short game at one of the surprisingly challenging par 3 courses scattered throughout the Cape.

The courses on the Cape and Islands are typically



Golfing in New Seabury

set in terrain of gentle hills, fairways bordered by Cape Cod scrub pines along with some oak trees, deep fescue rough, more than a few water holes, and



Golfing in New Seabury

strategically placed bunkers. Some of the best golf architects have contributed to the high quality of Cape and Islands golf courses: Jim Fazio, working with the irreplaceable Chi Chi Rodriguez, Geoffrey Cornish, Brian Silva, and Rees Jones just to name a few.

Adding to the pleasure of golfing on the Cape and Islands are the many courses that are set along the coast, offering views of Buzzards Bay, Pleasant Bay, Cape Cod Bay, and even the Atlantic Ocean.

Most golf courses and clubs offer a pro shop, driving range, putting green, and club rentals, and instruction is likely available for all levels. That all important "19th hole" is also found at most courses and clubs.

If you know members of private golf courses on the Cape and Islands, ask them about policies in the shoulder season that allow members to have friends golf as unaccompanied guests.

Public and Semi-Private Golf Courses

UPPER CAPE

- [Ballymeade Country Club](#), North Falmouth
- [Bay Pointe Country Club](#), Onset
- [Brookside Club](#), Bourne
- [Cape Cod Country Club](#), East Falmouth

- [Falmouth Country Club](#), East Falmouth
- [Holly Ridge Golf Club](#), South Sandwich
- [Paul Harney Golf Course](#), East Falmouth
- [New Seabury Golf Club](#), Mashpee
- [Olde Barnstable Fairgrounds Golf Course](#), Marstons Mills
- [Quashnet Valley Country Club](#), Mashpee
- [Sandwich Hollows Golf Club](#), East Sandwich

MID CAPE

- [Bass River Golf Course](#), South Yarmouth
- [Bayberry Hills Golf Course](#), West Yarmouth
- [Blue Rock Golf Course](#), South Yarmouth
- [Dennis Highlands Golf Course](#), Dennis
- [Dennis Pines Golf Course](#), South Dennis
- [Harwich Port Golf Club](#), Harwich Port
- [Hyannis Golf Club](#), Hyannis

LOWER CAPE

- [Captains Golf Course](#), Brewster
- [Chatham Seaside Links](#), Chatham
- [Cranberry Valley Golf Course](#), Harwich

OUTER CAPE

- [Chequessett Yacht and Country Club](#), Wellfleet
- [Highland Links Golf Course](#), North Truro

JUST OFF CAPE

- [Crosswinds Golf Club](#), Plymouth
- [Marion Golf Course](#), Marion
- [Pinehills Golf Club](#), Plymouth
- [Southers Marsh Golf Club](#), Plymouth
- [Squirrel Run Golf & Country Club](#), Plymouth
- [Waverly Oaks Golf Club](#), Plymouth

MARTHA'S VINEYARD

- [Farm Neck Golf Course](#), Farm Neck Way, Oak Bluffs
- [Mink Meadows Golf Club](#), Vineyard Haven

NANTUCKET

- [Miacomet Golf Club](#), Nantucket





Cook Up the Cape & Islands Favorite Fare

For many vacationers, no vacation in Cape Cod or on the Islands would be complete without lobster. While most seafood markets will cook the lobsters for you, many vacation rentals come equipped with lobster steamers, so you can cook your own. Steam them in a few inches of water for about 20 minutes to the pound or until they are red but retain a slight amount of dark splotching on the shell. Serve with fresh local sweet corn and plenty of melted butter.

You can replicate a lobster bake, with sausage, potatoes, clams and corn, without all the work of digging a pit. All you need is a gas or charcoal grill. (See our recipe at the end of this article.)

There are two types of clams -- hard shell and soft shell.



Soft shelled clams are also called "steamers" and are found only in New England and the Chesapeake Bay. They live in "the flats," the somewhat mucky sand left behind at low tide. You'll find hard shelled clams, also known as quahogs (CO-

hogs), live in bays and along beaches in the sand just beneath the water. They are harvested by raking. Licenses are required by all towns in order to harvest shellfish.



Both types of clams can be easily steamed in an inch or so of water, if you do not have a proper steamer. It only takes a few minutes, and you'll know the clams are cooked when their shells begin to open up. Literally dig with your hands and pull them loose.

Cape Cod Lobster Bake Prepared on the Grill (serves 4)

- 4 Cape Cod lobsters, about 1 1/4 pounds each
- 4 ears sweet corn, shucked except for innermost leaves
- 2 lbs steamer clams, cleaned
- 2 lbs mussels, cleaned
- 1 lb linguica (or other firm sausage), cut into four pieces
- 12 small red potatoes
- 2 cups water
- 5 lbs fresh seaweed (or add 2 teaspoons of salt to cooking water and aluminum foil)

In a large roasting pan or steamer, place one-inch layer of seaweed or a layer of crumpled aluminum foil or on a rack.

Parboil the potatoes. Shuck the corn except for the innermost leaves.

Place lobster on seaweed or aluminum foil; arrange corn and sausage between the lobster and the sides of the pan.

Place clams, mussels, and potatoes gently over the lobster. Keep the top of the pan contents level.

Cover with remaining seaweed and add water (salted if no seaweed) over the top.

Cover the pan tightly with aluminum foil or a lid and place on preheated grill to cook. Make sure the grill is very hot.

When steam becomes visible, cook covered for 20 minutes. Check potatoes for doneness -- if they are cooked, the lobsters should be also. (Properly cooked lobsters should be red with just a slight bit of black mottling on the shell.)

Remove from heat, but leave covered for 5 more minutes.

Serve with lemon and melted butter.

